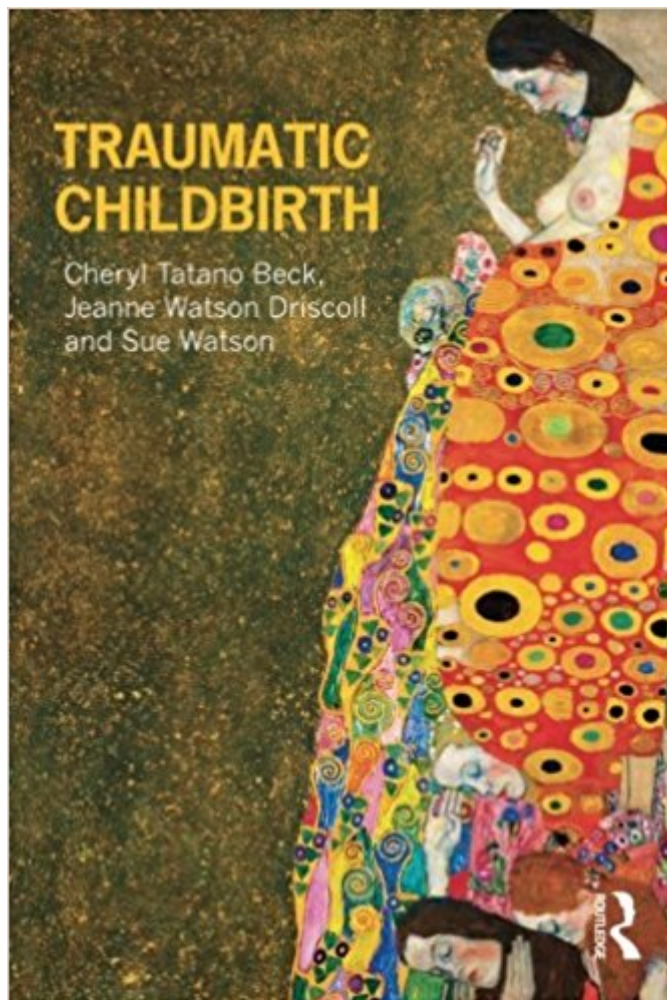


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# Traumatic Childbirth



## Synopsis

Postpartum depression has become a more recognized mental illness over the past decade as a result of education and increased awareness. Traumatic childbirth, however, is still often overlooked, resulting in a scarcity of information for health professionals. This is in spite of up to 34% of new mothers reporting experiencing a traumatic childbirth and prevalence rates rising for high risk mothers, such as those who experience stillbirth or who had very low birth weight infants. This ground-breaking book brings together an academic, a clinician and a birth trauma activist. Each chapter discusses current research, women's stories, the common themes in the stories and the implications of these for practice, clinical case studies and a clinician's insights and recommendations for care. Topics covered include: mothers' perspectives, fathers' perspectives, the impact on breastfeeding, the impact on subsequent births, PTSD after childbirth and EMDR treatment for PTSD. This book is a valuable resource for health professionals who come into contact with new mothers, providing the most current and accurate information on traumatic childbirth. It also presents mothers' experiences in a manner that is accessible to women, their partners, and families.

## Book Information

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## Customer Reviews

A fascinating and full-bodied presentation of the emerging understanding of the impact of traumatic childbirth on mothers, fathers/partners, and providers. Traumatic Childbirth is a highly readable, compelling and comprehensive collection of research, practice, and perspective

that speaks to the birth professional's sensibilities. Science and Sensibility  
This book is an extraordinary resource for families and health professionals alike. I read far more of it at each sitting than I had planned because Traumatic Birth is a fascinating mix of clinical experiences, women's case studies, fathers' perspectives and research. The authors from the United States and New Zealand combine the expertise of a clinician, a researcher and a birth activist. Midwifery News 'Traumatic Childbirth goes beyond the usual discussion of postpartum depression to address the lasting impact of traumatic childbirth on new mothers, and gathers academic, clinical and personal stories under one cover to address the implications of such births. From mother and father perspectives to impacts on breastfeeding, subsequent births, and more, this offers health professionals a fine guide to the latest information and research covering traumatic childbirth, and is a "must" for both health and women's issues collections alike.'

James A. Cox, Editor-in-Chief, Midwest Book Review, USA

Cheryl Tatano Beck is Distinguished Professor at the School of Nursing, University of Connecticut, USA. Jeanne Watson Driscoll is a board certified clinical nurse specialist in adult psychiatric-mental health nursing. She maintains a private psychotherapy practice specializing in the care of women experiencing mood and anxiety disorders during their reproductive years in Boston Massachusetts, USA. Sue Watson is co-founder of Trauma and Birth Stress (TABS), an organization dedicated to raising the profile of traumatic birth and the devastation it causes. She currently works as a childbirth educator in Auckland, New Zealand.

This is an excellent book. The case studies are engaging. The authors cover the various areas of traumatic birth and offer helpful suggestions for healing. The book is clinical in nature but would be helpful to any mother trying to heal from a traumatic birth.

I have read all of Cheryl Tatano Beck's journal articles and studies she's written, that I've come across. Her work on traumatic childbirth is very informative. I read through this book as soon as I found it and it is very well written, informative, and a valuable resource. Couldn't recommend it more!

The topic and information is good, but the print is small for me. Traumatic Childbirth

Great price!

This is an old hackneyed term and subject. Many other books have covered this topic extensively. I do not think this adds anything to the currently available books. It is time that these authors came up with something original. I would recommend other books on traumatic situations around birth. They just seem to be saying the same thing in three different books.

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